



Influence of Erasmus+ mobility on Sports Volunteering



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Volunteering

✓ What does **VOLUNTEERING** mean?



✓ What does **SPORT VOLUNTEERING** mean ?



✓ **ERASMUS + Program (2014-2020)**





The study

Aim:

To examine the influence of Erasmus + student mobility on volunteering and in particular sports volunteering.

Methods

We used two inquiries to examine the influence – before and after the mobility.



Participants

In the study participated 41 students from 10 EU countries.



Results

- 1. Volunteering is a conscious participation in an event, activity or cause without receiving any material or financial benefits, where the volunteer helps people in need, sparing his/her free time, sharing his/her knowledge and experience and making new social contacts.*
- 2. All Bulgarian and foreign students, who have realized Erasmus+ students mobility, are more active in organizing different sport events as volunteers.*

Results

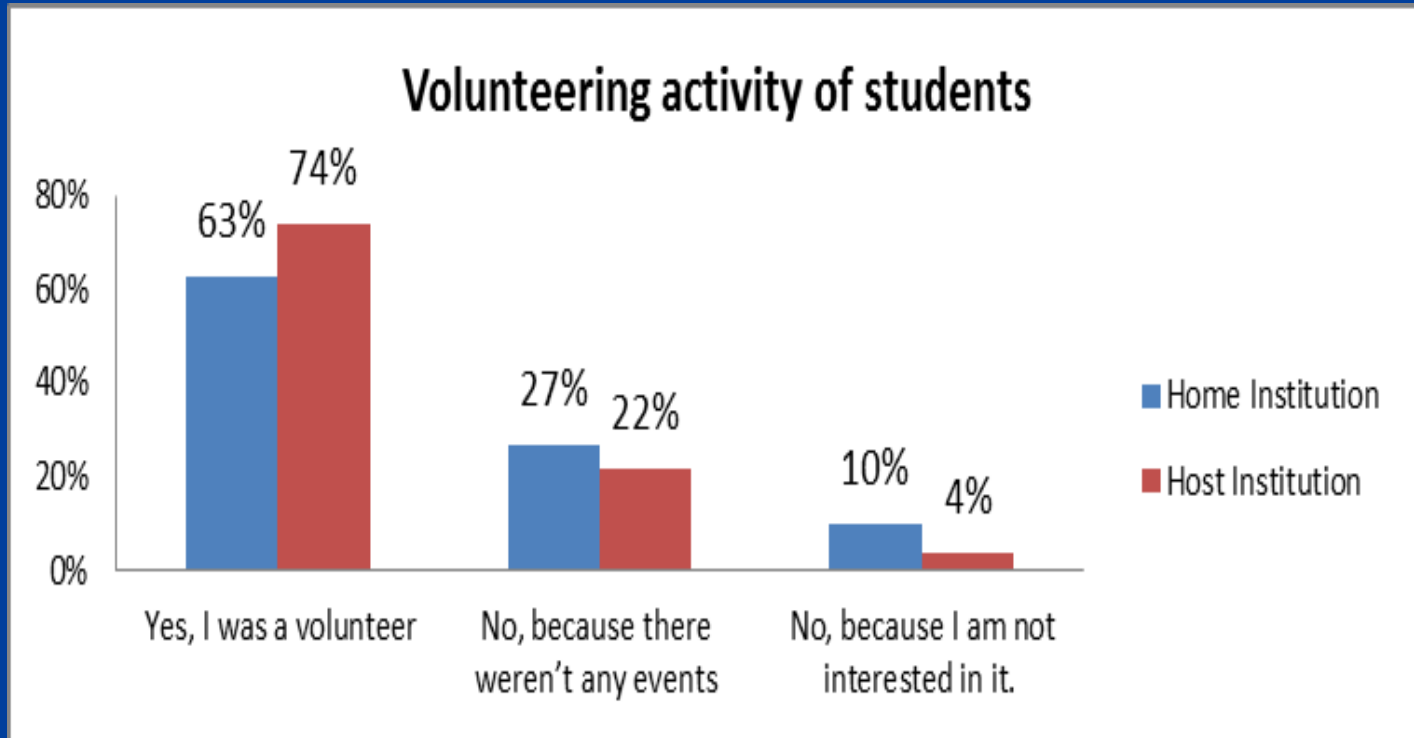


Fig. 1 Student's participation as volunteers in events organized by Home and Host Institutions

Results

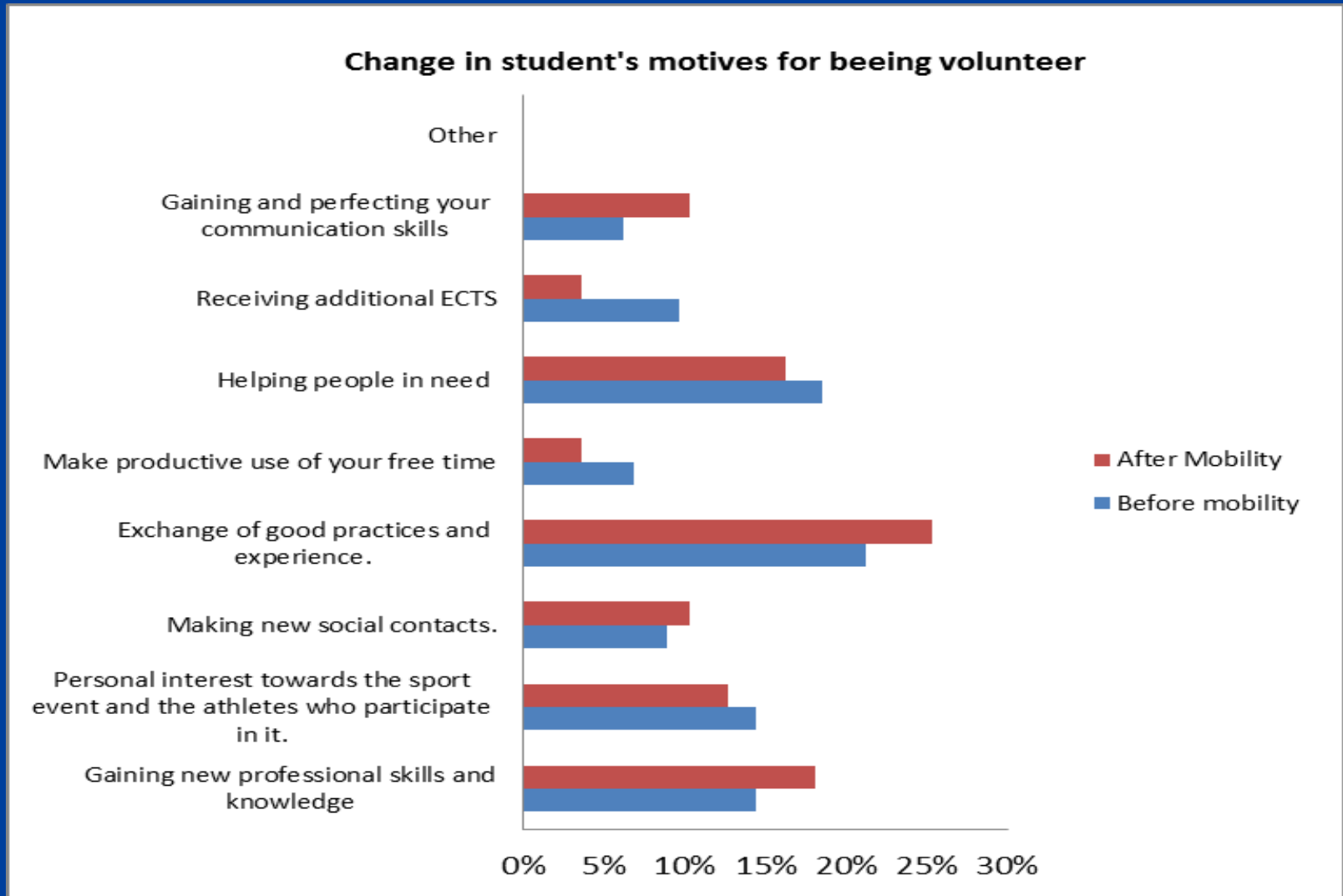


Fig.2 Change in student's motives for volunteering



Results

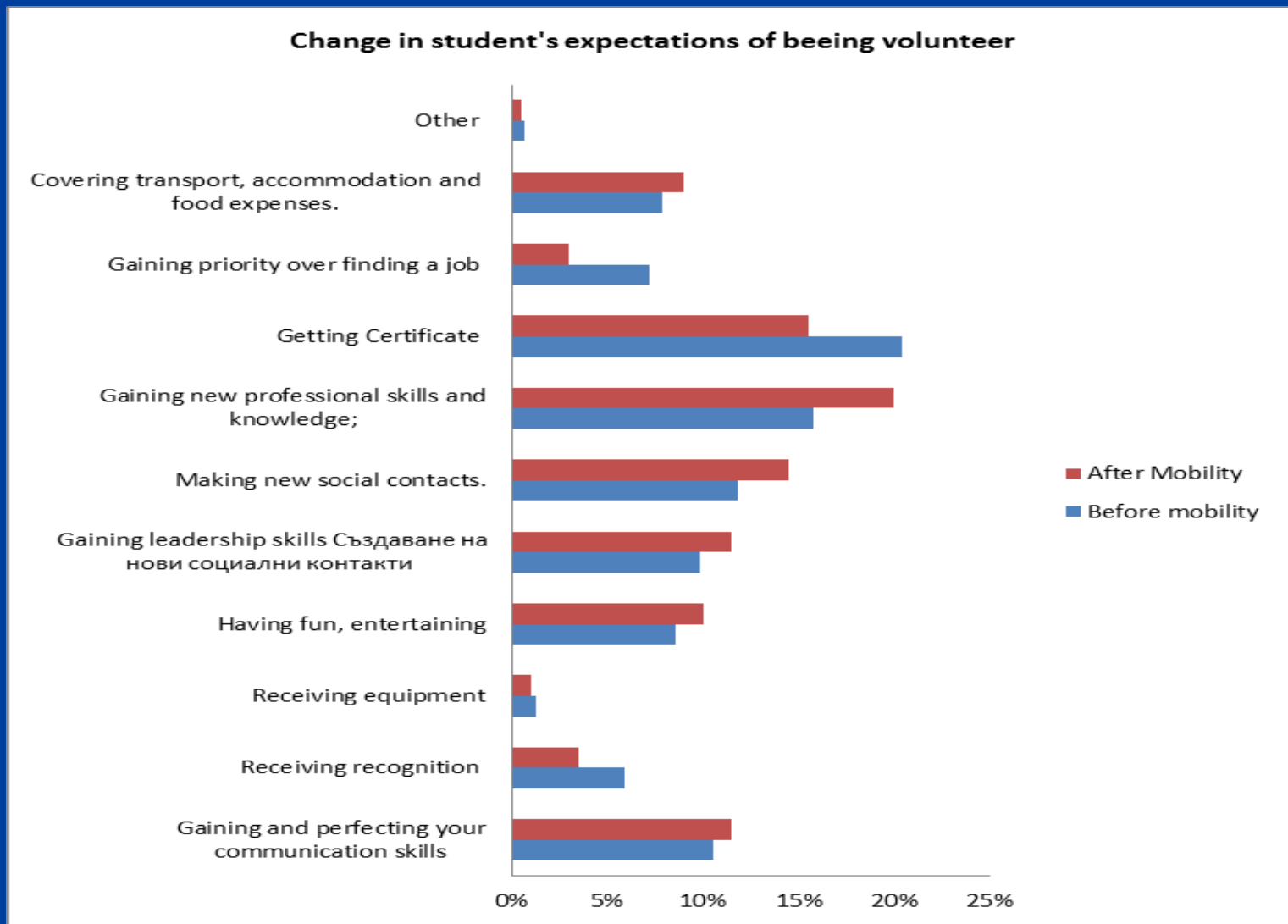


Fig.3 Change in student's expectations of volunteering



Conclusion

- ✓ All European Universities follow policy for promoting volunteering among their students
- ✓ The realization of Erasmus+ student's mobility contributes to the improvement of the volunteer activity among students, their motivation and expectations of running different volunteering initiatives.
- ✓ During the Erasmus + mobility the participants gain very important skills as responsibility, good communication skills, skills to work in deadline and team work skills, which are necessary for realizing volunteering activities.



Recommendations

- ✓ All European Universities have to enlarge the policy for promoting volunteering using the experience and the skills of the students who has realized Erasmus+ student's mobility which will allows achieving bilateral social and cognitive transfer of knowledge and experience.
- ✓ To create and to manage database with Erasmus student's motivational profile, experience and preference for volunteering activity, accessible not only for Home and Host Institution but for sports organizations which want to use volunteering resource.

Thank you for your attention!

